

MUSCULAR SYSTEM – MAJOR MUSCLE GROUPS

PECTORIS MAJOR

BICEPS BRACHII

DELTOID

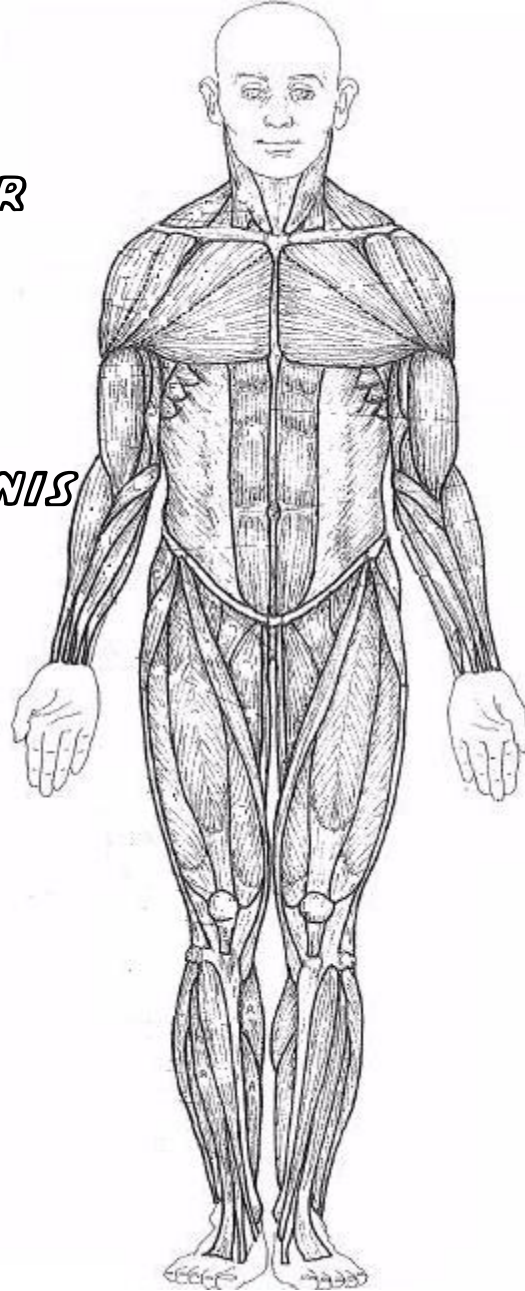
RECTUS ABDOMINIS

EXT. OBLIQUES

ADDUCTORS

QUADRICEPS

SARTORIUS



TRAPEZIUS

TRICEPS BRACHII

LATISSIMUS DORSI

GLUTEUS MAXIMUS

HAMSTRINGS

GASTROCNEMIUS

